

Muhyiddin Ibn ‘Arabi Society

MIAS Education Online Course



Ocean Journey 4

**“I fled from myself to Him”:  
exploring stations and crossing points in *The Secrets of Voyaging*  
Intensive Course**

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### Course title

**“I fled from myself to Him”**: exploring stations and crossing points in *The Secrets of Voyaging*

### Course length

4 weeks – 3 hours

### Contact details

Email: [education.uk@ibnarabisociety.org](mailto:education.uk@ibnarabisociety.org)

### Who is the course for?

This course is suitable for anyone who has an interest in Sufism in general, and in Ibn Arabi in particular. *No previous knowledge* of Ibn Arabi's writings is needed, though it is helpful.

### Course overview

The concept of the station (*maqam*) occupies a significant place in Sufism in general and in Ibn Arabi's teachings in particular. In “Invocation and illumination according to Ibn Arabi”, Souad Hakim indicates that:

‘a station is any interior attribute which God has ordered us to acquire [...] Since human nature is an obstacle to the acquisition of these attributes, it is by our will and intention that we train our soul and rid it of the constraints of nature so that it can gain the stations. The stations are therefore gained and acquired by will and effort.’ [1993, p. 19 [Souad-Hakim-Invocation-and-Illumination.pdf \(ibnarabisociety.org\)](#)]

How does Ibn Arabi convey this passage through several stations and to what extent is this passage significant in understanding his teachings? We will try to answer these questions in this course by exploring the multi-layered meanings of the stations in a selection of passages from *The Secrets of Voyaging*.

### Methodology

Taking into account that Ibn Arabi's journey towards the Divine entails a path through many stations, you will explore two stations that are described in his *The Secrets of Voyaging*. These are: the station of certainty and the station of the pole and constancy. While exploring these stations, you will be encouraged to engage creatively with the text and the voyage between each station. You will have the opportunity to connect your understanding of Ibn Arabi's text with your own creative expression such as poetry, writing, storytelling, drawing, painting and music etc. Such an interaction echoes James Morris' observation on “the remarkably active approach which Ibn 'Arabi expects and

constantly demands of his truly qualified and spiritually 'ambitious' readers, those who begin to interact with his work with the appropriate intentions and preparation.”

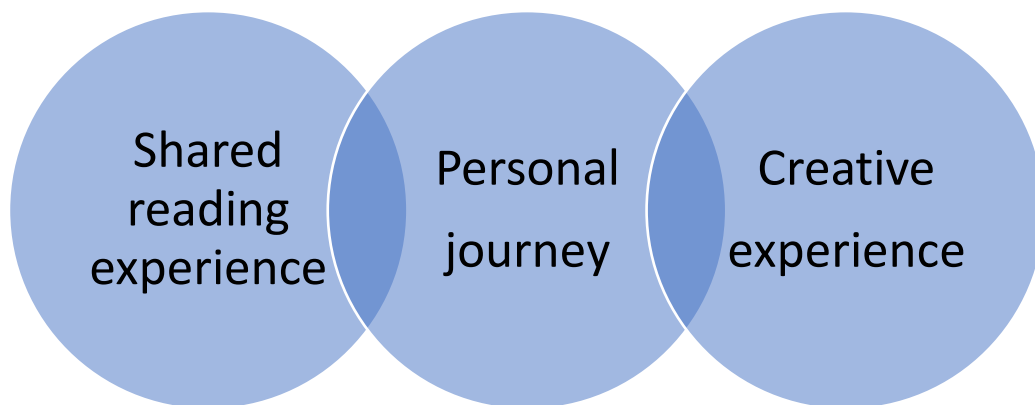
(source: <https://ibnarabisociety.org/how-to-study-the-futuhat-james-morris/>).

### Course learning aims

1. Identify the key aspects of Ibn Arabi’s stations.
2. Develop a familiarity with Ibn Arabi’s central concepts such as the journey and crossing (*ma’bar*).
3. Explore personal creativity and its relationship to spirituality.

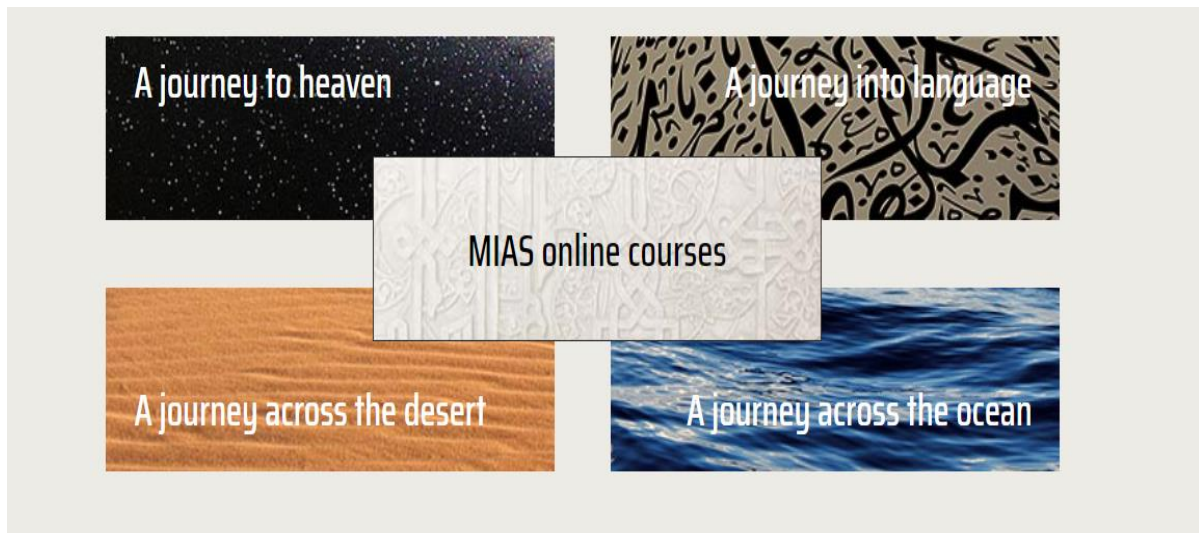
### Course outcomes

Upon completion of this course, you can achieve any of the possible outcomes below:



### Programme overview

Our online courses are composed of four journeys (see below). Each journey in turn comprises four courses. The current course “I fled from myself to Him” is part of the journey across the Ocean. For more details on the available courses, refer to MIAS website <https://ibnarabisociety.org/> or contact the MIAS team: [education.uk@ibnarabisociety.org](mailto:education.uk@ibnarabisociety.org)



### Instructional strategies

Instructional strategies include mini-lectures, shared reading, creative forms of expression and group discussions.

### Course outline

**Week 1** - embarking aboard “the ship of stone” and the voyage of Enoch

**Week 2** - the voyage of Enoch

**Week 3** - reading and sharing creative forms of expression and the voyage of Lot

**Week 4** – the voyage of Lot and ‘reaching the divine shore’

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